

**WORLD  
AIDS  
DAY  
2020**

**Programme of events**

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**World AIDS Day is an annual event held on December 1st. It is an opportunity for people worldwide to unite in the fight against HIV, to show support for people living with HIV, and to commemorate those who have died from an AIDS-related illness.**

In the UK over 103,800 people are living with HIV. Despite the virus only being identified in 1984, more than 35 million people have died of HIV or AIDS worldwide, making it one of the most destructive pandemics in history.

World AIDS Day is important because it reminds the public and government that HIV has not gone away – there is still a vital need to increase awareness, fight prejudice and improve education.

## **Global solidarity, shared responsibility**

In 2020, the world's attention has been focused by the COVID-19 pandemic on health and how pandemics affect lives and livelihoods. COVID-19 is showing once again how health is interlinked with other critical issues, such as reducing inequality, human rights, gender and race equality, social protection and economic growth. With this in mind, this year the theme of World AIDS Day is "Global solidarity, shared responsibility".

COVID-19 has demonstrated that, during a pandemic, no one is safe until everyone is safe. Leaving people behind is not an option if we are to succeed. Eliminating stigma and discrimination, putting people at the centre and grounding our responses in human rights and gender-responsive approaches are key to ending the colliding pandemics of HIV and COVID-19.

The COVID-19 pandemic has revealed the entrenched inequalities existing in our societies. This health crisis, like many others, is hitting the poorest and the most vulnerable the hardest. We have seen how the COVID-19 crisis has exacerbated the challenges faced by people living with HIV, women and girls and key populations, including in accessing life-saving health care, and how the crisis has widened the social and economic inequalities that increase the vulnerability of marginalised groups to HIV. However, this crisis has also been a wake-up call, an opportunity to do things differently—better, and together. In many respects, the defeat of AIDS as a public health threat depends on how the world responds to COVID-19.

COVID-19 has also shown how political will can bring about change. We have seen governments putting in place extraordinary policy measures and financial resources to save lives and protect livelihoods. As we enter the last decade of action to end AIDS as a public health threat by 2030, we need the political will to reach our goal. It can be done! Global solidarity and shared responsibility requires us to view global health responses, including the AIDS response, in a new way.

Now is the moment for bold leadership for equal societies, the right to health for all and a robust and equitable global recovery. This World AIDS Day join us in calling on countries to step up their efforts to achieve healthier societies. This World AIDS Day let us demand global solidarity and shared responsibility.

**Team Brigstowe x**

# Red Ribbon Campaign

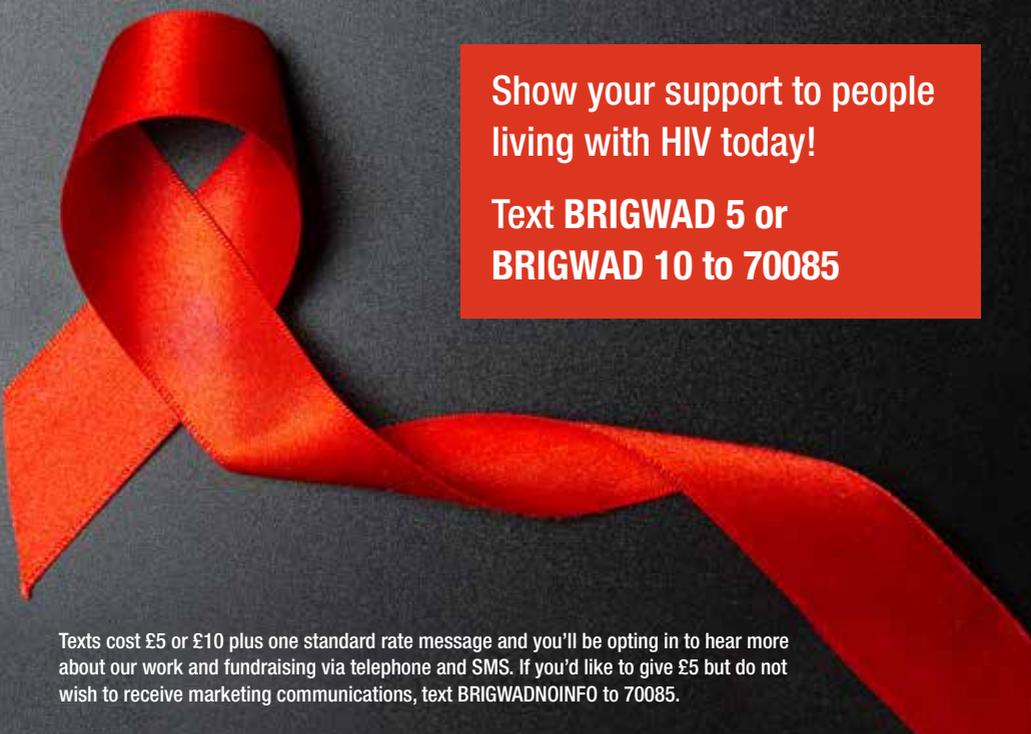
Every year worldwide people wear a red ribbon to pledge their support for people living with HIV.

This year it is difficult to display our red ribbon boxes around Bristol.

Every year these ribbons help to raise vital funds so we can continue to raise awareness and reduce stigma.

**Don't worry, you can still show your support!**

1. Donate to our Red Ribbon Campaign
2. Post a picture of yourself wearing a red ribbon from previous years
3. Change your profile picture on Social Media to include a World AIDS Day banner



Show your support to people living with HIV today!

Text **BRIGWAD 5** or  
**BRIGWAD 10** to 70085

Texts cost £5 or £10 plus one standard rate message and you'll be opting in to hear more about our work and fundraising via telephone and SMS. If you'd like to give £5 but do not wish to receive marketing communications, text BRIGWADNOINFO to 70085.

# brigstowe<sup>+</sup>

## local HIV services

Brigstowe have been delivering HIV specialist services in Bristol and surrounding areas for over 24 years. As the landscape of HIV has changed, so have our services but still retaining a core aim: to improve the lives of people living with HIV.



### **We support, advise and empower**

Our support and advice services include a nationally recognised Peer Support Service and specialist service for migrants and asylum seekers who are living with or affected by HIV. All our services are tailored to individual need. Our aim is to improve the lives of people living with HIV.

### **We deliver specialist training**

We deliver HIV Awareness Training to community groups, organisations and institutions.

### **We campaign and raise awareness**

We campaign for the rights and entitlements of people living with HIV on a local and national level. We raise awareness of the facts of HIV, challenging stigma and encouraging testing.

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If you are living with HIV and would like to access help and support...

If you are an organisation or community group wanting to learn more about HIV...

If you are an individual keen to lend their voice to campaign for HIV issues...

**Please get in touch. Our team would be happy to hear from you.**

**info@brigstowe.org | 0117 955 5038 | www.brigstowe.org**



Be Informed.  
Be Safe.  
Be In Control.

**On World AIDS Day, we celebrate how far we've come in the fight against HIV**

**Testing regularly is an important part of HIV prevention, and there are lots of options available in Bristol:**

**Order an STI postal testing kit from  
[www.unitysexualhealth.co.uk](http://www.unitysexualhealth.co.uk)**

**Visit your local sexual health clinic**

**Visit your GP**

**Order a HIV test from [www.freetesting.hiv](http://www.freetesting.hiv)**

**HIV tests are free and confidential.**

**Please visit our website for more information**



# World AIDS Day Programme of Events

**November 23rd – December 1st 2020**

Things are going to look a little different this year, but we are still committed to having a programme aimed at promoting awareness and reducing stigma. We are proud that Bristol is a city that supports people living with HIV.

**Monday 23rd November - 12pm - City Hall**

## **Raising of the Red Ribbon Flag**

To mark the start of our programme, join us outside City Hall where the Lord Mayor will be raising the red ribbon flag.

**Tuesday 24th November 10-12pm - Zoom**

## **HIV Awareness Training**

In our commitment to raise awareness and reduce stigma we are offering a free training session of our highly commended HIV Awareness Training. The session will clarify the differences between HIV & AIDS, explain how HIV is transmitted and can be prevented, provide you with up-to-date information on treatment, explore stigma and prejudice, outline where you can get tested and inform you of the support available. This session will include a person living with HIV who will share their experience to help you understand what living with HIV is like today.

If you are a professional and provide colleague support (manager, team leader/supervisor/HR) or a person who runs or is involved with a community group or an individual who would like to know more about HIV and how you can support others then this is the event for you.

**To book your place:**

**<https://hiv-awareness-training.eventbrite.co.uk>**

# We have teamed up with our very good friends at HIV Charity Brigstowe to put on an event about **HIV** and **Stigma**

**Date: Wednesday 25th November 2020**

**Time: 4-5pm**

**Join us for a webinar with a panel of speakers including:**

**Jonathan Blake** – one of the first people in the UK to be diagnosed with HIV in 1982. Jonathan then got involved with Lesbians and Gays Support the Miners (LGSM). He is an actor and activist starring in the *HIV Monologues* and *The Grass is Always Greener*. He was a main character in the film *Pride*, played by actor Dominic West, and is a recipient of *Attitude Magazine's* Pride Award.

**Mercy Shibemba** – former Chair of CHIVA and now a Trustee of the Sophia Forum as well as one of the HIV Commissioners. She is a TEDx Speaker and a multi-award-winning activist. In 2017 Mercy was a recipient of the Diana Award.

**Eli Fitzgerald** – is a passionate community activist especially with trans rights and representation in sexual health and HIV.

**To book email:** [info@diversitytrust.org.uk](mailto:info@diversitytrust.org.uk)

**Or call us** on 0844 800 4425

**Or write to us** PO Box 5189, Somerset BA6 0BN

<https://www.diversitytrust.org.uk/events/why-representation-matters-in-breaking-down-hiv-stigma/>

# STOP STIGMA



# World AIDS Day Programme of Events

## Wednesday 25th November 4pm-5pm - Zoom

### Why Representation Matters in Breaking-Down HIV Stigma

The Diversity Trust are proud to team up with Brigstowe to put on this panel discussion about HIV and stigma.

Panellists include: Jonathan Blake- one of the first people in the UK to be diagnosed with HIV. Jonathan was involved with Lesbians and Gays Support the Miners and is a recipient of Attitude Magazine's Pride Award, Mercy Shibemba- a TEDx Speaker and a multi-award-winning activist. In 2017 Mercy was a recipient of the Diana Award and Eli Fitzgerald- a passionate community activist especially with trans rights and representation in sexual health and HIV.

<https://www.diversitytrust.org.uk/events/why-representation-matters-in-breaking-down-hiv-stigma/>

**To book email: [info@diveristytrust.org.uk](mailto:info@diveristytrust.org.uk) or call: 0844 800 4425**

## Thursday 26th November 7pm-8pm - Your Home!

### ShoutOut Radio: World AIDS Day Takeover 3.0 - BCFM 93.2fm

Join the regular ShoutOut team and Aled for our annual takeover of this well-loved show. It will be an hour of HIV and AIDS themed conversation including some personal interviews.

## Friday 27th November 7pm-8pm - Zoom

### HIV through a Generation

Join volunteers from Brigstowe and members of Freedom Youth as they candidly discuss all topics related to HIV reflecting on the pandemic of the 80's & 90's, modern day and looking to the future.

**To book your place:**  
[hiv-through-a-generation.eventbrite.co.uk](http://hiv-through-a-generation.eventbrite.co.uk)





CHIVA are a Bristol based National Charity working directly with children and young people growing up with HIV and their families. CHIVA provide ongoing direct support to individuals and via groups through peer support, participation, arts engagement, clinic visits and our annual support camp.

CHIVA's mission is to ensure that children, young people and families living with HIV become healthier, happier and more in control of their own futures. CHIVA works to ensure young people living with HIV have the treatment and care, knowledge, understanding, skills and wider support needed to live well and achieve their greatest potential.

### FIND OUT MORE ABOUT OUR WORK:

Twitter/Youtube/Facebook/Instagram @chivaprojects

Website: [www.chiva.org.uk](http://www.chiva.org.uk)

## 3 things everyone can do on World AIDS Day 2020 to support children and young people growing up with HIV:

1

**Listen & learn** something new - If you haven't already, watch our film *Life Growing Up*, or another video on our youtube channel about the lived experiences of children and young people growing up with HIV in the UK.

2

**Talk about HIV** Start conversations with your children, families, colleagues, friends or neighbours about what you have learnt, or what you still want to know. Better awareness and openness can help improve the experiences of people living with HIV and reduce stigma.

3

**Challenge stigma** - if you hear or read anything stigmatising about HIV, challenge it. Have those conversations, write those letters, be prepared to put yourself on the line and call out any injustices as you come across them.

**We can all play our part.**



# World AIDS Day Programme of Events

**Saturday 28th November 6pm-7.30pm - Online**

## Virtual World AIDS Day Celebration

To mark World AIDS Day whilst following Government Guidance, we have had to do things a little differently this year. Streamed online, join us for a very special evening as we come together for an evening of commemoration and celebration. We will hear some personal stories, an update of HIV prevention, an update on Fast Track Cities Bristol as we celebrate our 1 year anniversary and a performance by Sing Out Bristol.

**At time of print we are still planning this event.**

**To keep up-to-date with this event please see Brigstowe's social media and our website - [www.brigstowe.org](http://www.brigstowe.org)**



**Monday 30th November 2pm-3pm - Zoom**

## Inequalities faced by migrant communities during Covid-19

Join us for an online panel discussion as we discuss the health disparities that the Migrant Communities face and experiences of the Migrant Communities in terms of mental and physical health, well-being and vicarious trauma during Covid. Panellists will include speakers from Brigstowe, The Haven, Refugee Women of Bristol, Bristol Refugee Rights and a Community Member.

**To book your place: <https://inequalities-faced-by-migrant-communities.eventbrite.co.uk>**

# World AIDS Day Programme of Events

## Monday 30th November 7pm-8pm - Facebook Live

### Prevention and what that looks like in 2020.

Streamed via Brigstowe's Facebook page live and following on from their popular "Let's Talk About Sex" Series, join Aled from Brigstowe and Natasha from Unity Sexual Health as they discuss HIV prevention and what that has looked like during 2020 and discussing what we need to do next!

## Tuesday 1st December 7pm-8pm - Zoom

### World AIDS Day Virtual Vigil

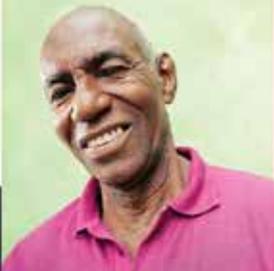
Join us online for this most special of events to commemorate and reflect on the past and show to our love and remembrance to all of our HIV positive siblings who are sadly no longer with us. We invite participants to bring thoughts, reflections or readings they would like to share. We will each be lighting a candle at the same time virtually and have our minute of silence. We are also pleased to say we will be joined by Bristol City Poet Caleb Parkin for a special reading.

**To book your place: <https://virtual-vigil.eventbrite.co.uk>**

**Show your support to people living with HIV today!**

**Text BRIGWAD 5 or BRIGWAD 10 to 70085**

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**Terrence  
HIGGINS  
TRUST**




**Would you like to influence the perception of sexual health and HIV within your community?**

**Do you want to be a changemaker?**

Join our new project to empower people from BAME communities across Bristol to make that change. We are working with community groups, faith leaders, students and BAME individuals to train community champions to:

- Challenge HIV stigma
- Promote good sexual health
- Be a supportive voice within your community
- Develop leadership skills
- Make a difference

We will support you to promote HIV and sexual health awareness in your community. Check our website for upcoming dates.

**Not BAME but still interested in training?**

We are also available to deliver awareness training and information sessions for local organisations, services and community groups working with and for BAME communities. Visit our website for more details.

Email: [champions@ttht.org.uk](mailto:champions@ttht.org.uk)

Call: 07768 607350

Visit: [www.ttht.org.uk/champions](http://www.ttht.org.uk/champions)



Be Informed.  
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# Become a Friend of Brigstowe

Everyone needs friends and we at Brigstowe are no different.

**Support people living with HIV in Bristol by making a regular monthly donation to Brigstowe**

£10 per month means that a destitute client can travel to attend events and workshops and meet other people living with HIV.

£25 per month for a year means that someone newly diagnosed can meet with a Peer Mentor every week for 6 months.

Set up your regular donation today and become a **Friend of Brigstowe**. Thank you.

Visit our website: **[www.brigstowe.org](http://www.brigstowe.org)** or give us a call **0117 955 5038**

# U=U

## Undetectable=Untransmittable

**People living with HIV on effective treatment cannot pass on HIV.**

**Help us to spread this message by donating a regular gift and becoming a Friend of Brigstowe**

**Please visit: [www.brigstowe.org/donate](http://www.brigstowe.org/donate)**

**brigstowe**<sup>+</sup>  
local HIV services

**Tel:** 0117 955 5038 **Email:** [info@brigstowe.org](mailto:info@brigstowe.org)

**Web:** [www.brigstowe.org](http://www.brigstowe.org) **Twitter:** [@brigstoweinfo](https://twitter.com/brigstoweinfo)

**Facebook:** [www.facebook.com/brigstowe](https://www.facebook.com/brigstowe) **Instagram:** [@brigstowe](https://www.instagram.com/brigstowe)